

## Polar M400 GPS Bluetooth With H7 and Smart training watch & 24/7 Activity Tracker Black



M400 Black with H7 Heart Rate Monitor



A great watch for urban and trail runners who want sporty design with advanced GPS and training features, along with loads of options to keep an eye on their activity.

Rating: Not Rated Yet

**Price**

RRP with tax: £149.50

Price with tax: £116.99

Price without tax: £97.49

You save: -£32.51

**48 h**



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Description



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**M400**  
**A stylish GPS companion with 24/7 activity tracking**

## M400

Integrated GPS & Bluetooth, Smart Coaching and 24/7 activity measurement

## Polar Flow app & web service

Automatic data sync and instant training data view on your mobile phone, joined with training planning and in-depth analyzing on your laptop or tablet.

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## Sports Watch with GPS

For urban and trail runners who want sporty design with advanced GPS and training features, along with loads of options to keep an eye on their activity.

- Track pace, distance and altitude with the built-in GPS
  - Follow your 24/7 activity, calories and steps
  - Plan, sync and share your training with Polar Flow mobile app and web service
  
  - Set targets to beat your personal best
  - Find your way back home with Back to Start
  - Train at the right intensity within your personal heart rate zones (requires H7 heart rate sensor)
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## Polar Flow

### Flow web service

- Create sport profiles and tailored views for each sport you do.
- Create detailed training targets, like interval workouts, and sync them to your device.
- Gain deeper insight and learn from what you do, analyse every detail of your training in Polar Flow.

### Flow mobile app

- Get a quick visual overview of your training and analyse your achievements.
  - Stay motivated with feedback that's delivered straight to you immediately after exercise.
  - Easy sync with Bluetooth Smart.
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